

A Sexual Comparison of the Natural and Circumcised Penis

Nature marches to the rhythm of a drumbeat that she alone hears loud and clear. She hears this rhythm in the fluttering of a moth's wings, flying hundreds of miles to meet its mate. She hears it in the opening of a flower's petals, wishing to bask in the warmth of the sun, and in the closing of those petals when the chilling rain comes. And she hears it in the insistence of the incoming tide, rushing in to kiss the shoreline sands, on a precise timetable with destiny.

She has counted many revolutions
Of the Earth around the sun
Seen millions of daffodil springs come
And watched billions upon billions of autumn leaves fall,
And through it all
She has gained a wisdom
We can only hope to comprehend

Though we may be inclined
To think of her as our foe
When the icy winds of winter
Blow shifting drifts of snow,
Even still,
In the end,

We shall think of her as our friend...
Somewhere down the road...
Just around the bend...
As we unravel her many mysteries
One by one
And gradually blend
Into the harmony of her heartbeat
And the melody that expectantly comes
With the early morning robin
And the rising morning sun
While she dances along in unison
To the rhythm of her drum...

Nature perfected the natural penis over millions of years of evolution. Mankind, on the other hand, “fashioned” the circumcised penis in relatively recent times by removing the foreskin with knives, scissors, and clamps, amidst simultaneous screams and spurts of blood. Who do you think you should trust?

At one time, it was common for doctors to remove the tonsils, adenoids, or both, as a remedy for childhood throat infections. They later came to realize that these organs have a vital bodily function and should only be removed in rare circumstances. This is the situation we now find ourselves in regarding the foreskin. We have been stripping our newly born infant boys of a vital part of their anatomy without understanding the foreskin’s sexual functions.

Like the controversy over removing tonsils and adenoids that came before it, the pendulum of the circumcision controversy is about to swing—full swing—in the anti-circumcision direction. When the clouds of controversy have cleared, the new call of the day will be, “Let the foreskin live—and above all, let it make love.”

The term “lovemaking” is used so casually these days we seldom stop to consider what it really means—the *making* of love.

As mentioned, scientists are beginning to discover that love has a biochemical basis and that sex induces biochemical and hormonal changes that not only bring on feelings of pleasure and orgasmic satisfaction, but also feelings of love, contentment, closeness, and emotional security.

We can be sure of one thing: When it comes to the sex organs, and the millions of years that these have evolved, nature did not make a mistake. For the sex organs are not only the means by which the species is procreated and perpetuated, but also the means by which the love bond is repeatedly re-cemented—the sex organs are, in effect, the generators of love. And love is an elemental part of the human condition, helping to ensure that a couple stay together and work cooperatively in caring for the offspring of sex—children—during their long period of dependency, thus helping to ensure the survival of the species. It seems a self-evident truth that the sex organs must have been designed perfectly.

It is only logical that natural genitals—the sex organs as designed by nature—are an essential ingredient if the lovemaking experience is to take on its rightful dimension. But when the penis is stripped of its foreskin, everything changes—the intercourse experience is abnormalized. Consequently, the lovemaking process—*the making of love through sex*—is, in turn, abnormalized. And this can adversely affect the well-being and emotional health of the relationship.

THE SOFTLY-STIFF NATURAL PENIS HEAD VS. THE ABNORMALLY HARDENED CIRCUMCISED PENIS HEAD

THE SOFTLY-STIFF NATURAL PENIS HEAD

As overviewed in Chapter 2, the glans, or head of the penis, was designed by nature to be an *internal* organ (Figure 4-1). This chapter will expand on this concept and its significance.

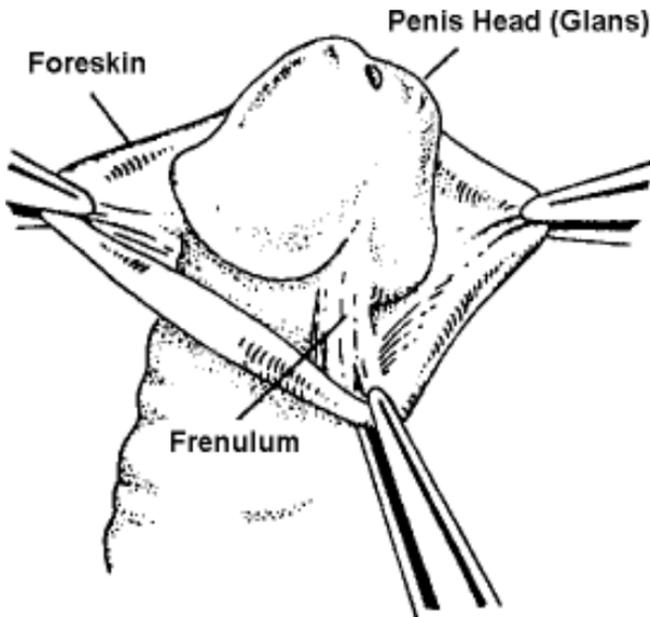


Figure 4-1. The natural penis head is an internal organ.

Just as the tongue is an internal organ of the warm, moist environment of the mouth, similarly, the penis head is designed to rest protected inside the warm (98.6⁰), moist environment of the foreskin.

In addition to the 98.6⁰ warmth provided by the foreskin, the foreskin's inner lining, which is mucous membrane, continually moisturizes the penis head with a lubricating lanolin-like substance that I suggest we call *lanofore*.* This constant moisturizing results in a glans which is giveable and somewhat spongy to the touch, even when erect. The *softly-stiff, giveable glans is part of nature's sexual plan and is what nature intended for a woman to experience* during intercourse—it is kind and gentle to the vaginal walls.

The constant warmth and moisture afforded by the foreskin *provides the proper environment for the development and maintenance of the penis head's nerve-endings*, analogous to the way warm, moist soil allows the roots of a plant to thrive.

* Smegma is another substance entirely and will be discussed in a later chapter.

Although the foreskin enwraps the glans, the glans itself is covered by only a thin, delicate layer of moist, satin-like skin. (By running your tongue along the inside of your cheek, you will get an idea of the texture of the natural glans.) This thin-layered skin feature is important because during intercourse, it allows the nerve-endings of the penis head to fully feel the sensations of coital thrusting—which in turn play a role in the tenderness and gentleness of its thrusts. This is the kind of penis head the vagina was born to kiss and caress.

THE ABNORMALLY HARDENED CIRCUMCISED PENIS HEAD

In contrast, the head of the circumcised penis is a constantly exposed, *external* organ. As a result, the glans becomes dried out and abnormally hardened due to lack of moisture, analogous to the way a sponge hardens when water evaporates from it.

In order to better appreciate the significance of this to the man, imagine your tongue hanging outside your mouth, all dried out. You may have experienced this occasionally upon awakening. Now imagine your tongue never being able to return to the protective, moist environment of your mouth—constantly exposed, constantly dried out. Then imagine someone rubbing a coarse fabric across your tongue every waking hour. Doesn't sound like a lot of fun, does it? And yet, for a man denied his foreskin due to circumcision, this is what life for his penis head is like, as it is chafed by coarse underwear, bedding, and the man's own wiry pubic hair, day in and day out. The glans of the circumcised man never gets to experience what it is like to live as an internal organ, sheltered inside the moist foreskin. (Like the female vulva stays constantly moist.)

Moreover, the skin on the circumcised penis head becomes abnormally thickened and toughened because of its constant contact with clothing, etc. Continual stimulation caused by this constant contact is bothersome and annoying to the penis head's

nerve-endings. Consequently, the body builds excess layers of keratinized (unfeeling, callused) skin (1) over the nerves in order to shield and desensitize them from this unwanted stimulation.

By the time a circumcised male reaches his late teens, the skin on his penis head will be up to 10 layers thick and its nerve-endings (the pleasure sensors) become buried, or smothered, under the excess layers of skin (2)(3). (This is evinced by observing that the glans of the *natural* penis is purplish-red in color because the blood runs closer to the surface, whereas the glans of the circumcised penis is an anemic pale pink, or whitish in the light-skinned person—or a muted, chalky-brown in the dark-skinned person.)

The skin on the circumcised glans is essentially “callused,” and its sexual nerve-endings become deadened, dulled, and atrophied for three interrelated reasons—lack of moisture, lack of 98.6° warmth, and the frictional action of clothing. The end result is a desensitized glans—a penis head that has lost much (or nearly all) of its sensibility, especially for delicate stimuli.

Even though the circumcised male may have enough feeling in his overall penis to achieve orgasm during intercourse, he is denied the full, true sensual experience of the sex act because his penis head is desensitized.

This deficiency in glans sensitivity is one of the reasons why the man thrusts rougher and tougher in an attempt to elicit more feeling from his penis. Unfortunately, because the man’s glans is desensitized, he doesn’t realize that his thrusting actions are too rough, causing his partner varying degrees of discomfort, or at the very least, decreasing the woman’s pleasure. The following is a comment from a woman who participated in the survey:

In general, except for the ones who orgasm quickly, circumcised men seem to work awfully hard to get an orgasm and seem to need a lot more violent thrusting to achieve it. I always thought sex was painful until I had sex with a natural man.

Also, because the circumcised glans is *abnormally hardened* due to lack of moisturizing, and covered with callused skin, as discussed, its abnormal texture—dense and overly firm—adds to the woman’s discomfort as the penis thrusts roughly against the vaginal walls.

Another reason why the circumcised penis feels too hard to a woman is because the penis’s tissue, including its head, becomes *abnormally compressed* due to the fact that the circumcised penis is missing 1/3 to 1/2 of its skin, due to removal of the foreskin. (This will be explained in the next section.) The penis head can be so tightly compressed, I’d equate it to an overly hard foreign object repeatedly penetrating the vagina. Totally unlike the softly-stiff caresses of the natural penis head.

The woman who has known only the circumcised intercourse experience becomes accustomed to the abnormally hard penis head and the penis’s hard, forceful, even bang-away thrusting style. On the surface, she may even seem to enjoy circumcised sex, because she is driven to it—good or bad—by her innate drive for sexual stimulation. But, in actuality, it is a combination of pleasure and displeasure inextricably entwined. Not knowing any better, she accepts it for what it is and makes the best of it, not consciously realizing that intercourse shouldn’t really feel that way. However, on a subconscious level, she is dissatisfied and aggravated by it, and this may ultimately serve to drive a wedge through the heart of the relationship, as discussed.

If you are a circumcised man, reading the above may be emotionally disturbing for a variety of reasons. But keep in mind that foreskin restoration offers a viable solution. After you have “grown” your new foreskin, your penis head will gain more sensitivity as its previously deadened nerves reawaken, which will greatly enhance your pleasure. And because your thrusting will be done with a softly-stiff, giveable, velvety-smooth glans, your partner will experience an intensified pleasure you were incapable of giving her with your circumcised penis. Your sexual strokes will become more gentle; your sex organs will dreamily

swoon and “melt” into one another; you won’t know where your sex organ ends and your partner’s begins because they will feel a sensual connectedness they’ve never experienced before; she will truly love it, and will love you more because of the sexual pleasure you will be giving her. Here is a survey comment:

I realized there was a difference the first time I had sex with a natural man, who is now my husband. I wouldn’t have been able to put in words the difference at first, but over time I discovered that sex is smoother, gentler, and more sensual. I orgasm almost effortlessly.

It may be difficult to believe that the vagina can be affected by the difference between the softly-stiff natural penis head and the harder circumcised penis head, but if you try this simple experiment, I think you will understand how this could be so. Using your index finger, lightly stroke the inside of your cheek about a dozen times. Next, apply finger pressure against the inside of the cheek and stroke it another dozen times. Notice that stroking it with a firm pressure against the cheek creates subtle feelings of discomfort. These feelings of discomfort are similar to the sensations the vagina emits when it is stroked by a penis head that is overly firm. Even though these negative sensations can be overshadowed by the pleasurable sensations the vagina is experiencing, still, they detract from the woman’s enjoyment of intercourse, even though she may not consciously realize it.

**THE CUSHIONED SHAFT OF THE NATURAL PENIS VS.
THE ABNORMALLY HARD, NON-CUSHIONED SHAFT OF
THE CIRCUMCISED PENIS**

THE CUSHIONED SHAFT OF THE NATURAL PENIS

The previous material focused on the penis head; this section focuses on the penile shaft.

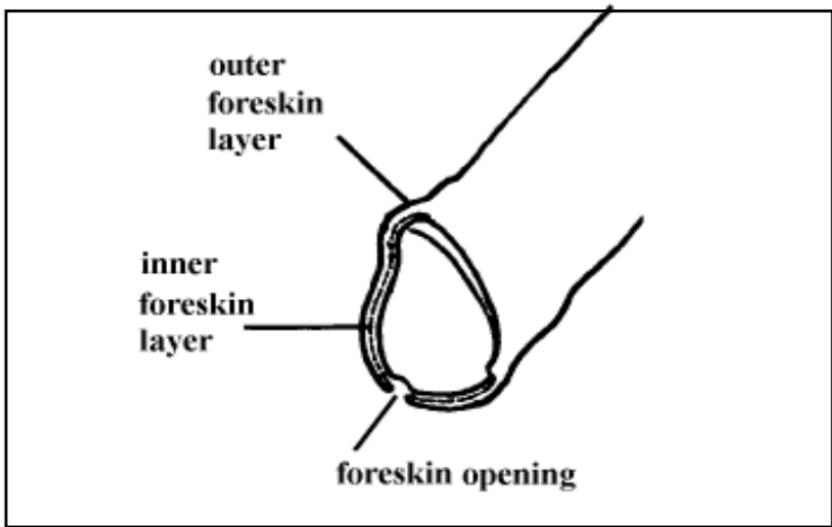


Figure 4-2. Hidden view of the inner and outer foreskin.

The foreskin of the flaccid (not erect) natural penis usually covers the entire penis head, often extending beyond it. The foreskin is actually a double-layered fold of skin having both an inner and outer layer, similar to the lined sleeve of a jacket. The inner layer is highly erogenous mucous membrane, rich in nerve-endings (4)(5). The outer layer is a continuation of the penile shaft skin. (Figure 4-2.)

During erection, the outer layer of the foreskin slips over the penis head, onto the shaft. As erection continues, the inner layer also unfolds onto the shaft, giving the shaft *a third to a half more shaft skin* (6). (See Figure 4-3.)

Notice that the erect natural penile shaft has *both* its original skin *and* the foreskin. This results in a shaft skin that is relatively loose and mobile. The penis *needs* this “extra” skin to stretch into as it advances to erection.

The extra shaft skin afforded by the foreskin is another part of nature’s sexual plan, for during intercourse it acts as a thin, spongy cushion on the erect penis shaft (similar to the extra cushioning you would get if you put a thin innersole in your shoe). Moreover, because the shaft has ample skin to accommodate its

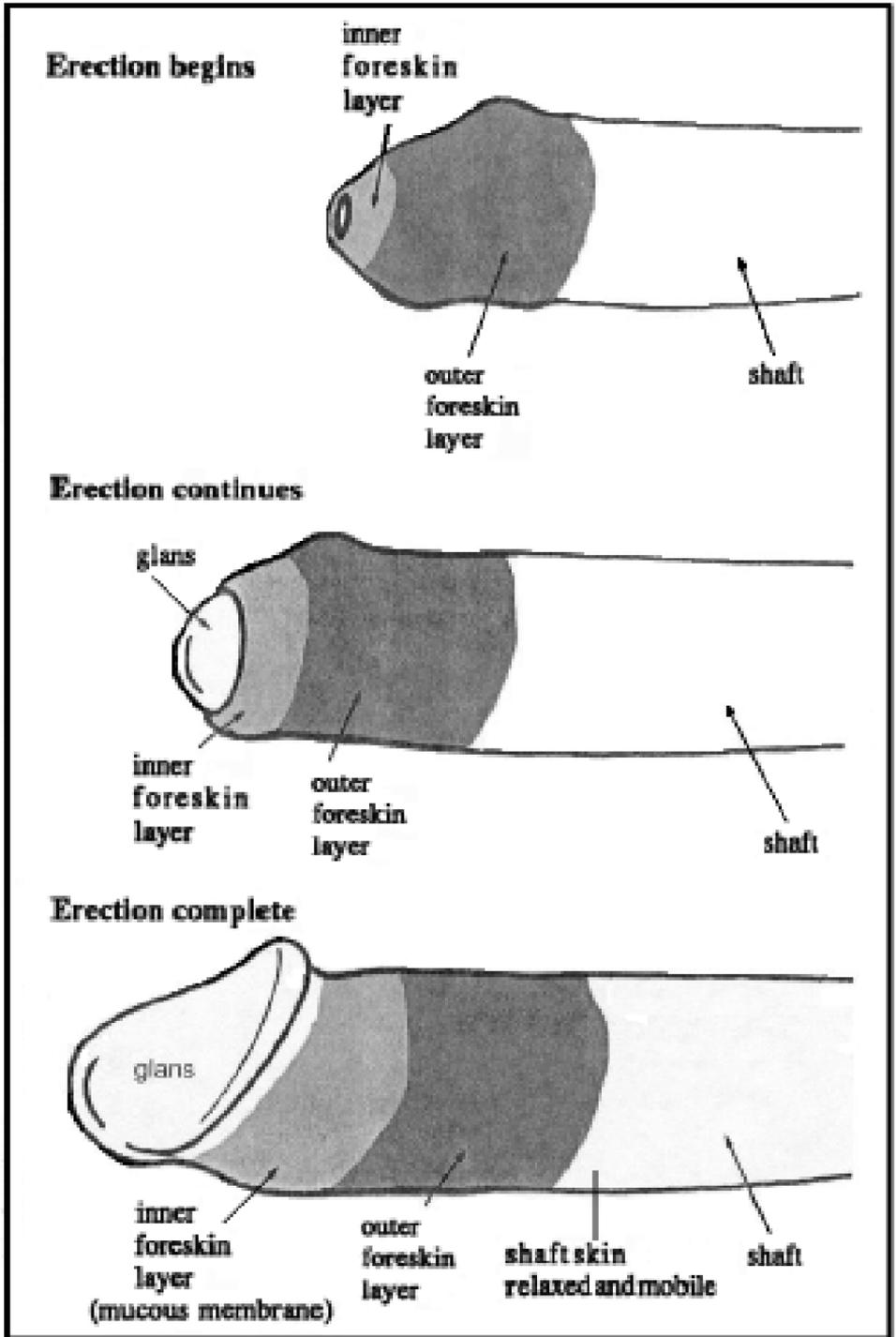


Figure 4-3. Erection process of the natural penis.

erection, *it does not compress the shaft's tissue*, thereby adding to the cushiony giveability of the natural penis.* This cushioned shaft feels delightfully comfortable to a woman's vaginal opening and walls during coital thrusting. This is the kind of penis shaft the vagina was born to love and adore. This is the kind of penis shaft the vagina was born to caress and possess. This is the kind of penis shaft... Excuse me, I have to go see my husband about something...

THE ABNORMALLY HARD, NON-CUSHIONED *SHAFT* OF THE CIRCUMCISED PENIS

The tight-skinned shaft of the circumcised penis is quite different from the cushiony shaft of the natural penis. The circumcised penis may have enough skin when it is flaccid, but upon erection, the shaft skin is forced to stretch itself too thin in order to accommodate the fullness of the erection. Like blowing up a balloon, as more air is forced in, the balloon gets stretched thinner and thinner, and becomes tighter and firmer.

The circumcised erection may feel discomforting, or even painful, to the *male* depending on the tightness of the original circumcision. Many circumcised penises are so tight-skinned that when erect, they are deformed, bowing upward or downward, left or right, whereas the natural penis seems to be more of a straight-out shape.**

During erection, the shaft skin of the circumcised penis is tight, taut, and stretched to the limit, causing it to *abnormally compress* the shaft's tissue, making it feel abnormally hard to a woman during coital thrusting. Women seem to be able to discern this extra hardness, because when women of the survey were asked if

* Please do not misinterpret the term "cushiony giveability" (or previously used "softly-stiff") to mean that the natural penis does not have a firm erection. The natural erection is solid and erotic, but not abnormally hard like the circumcised penis (discussed in next section). One woman commented: "...like it's covered with velvet, but firm and solid underneath."

** You can confirm this by looking at several male-oriented "beefcake" magazines at your local newsstand.

the circumcised penis shaft feels discomfotingly hard during intercourse thrusting, an astoundingly high percentage of them agreed that it did.

During intercourse, the abnormally hard, compressed shaft frictionizes the vaginal walls and opening, causing various amounts of discomfort to become intermixed with whatever pleasure the vagina and penis are receiving—"mosquito-bite sex."

As discussed, when you scratch a mosquito bite, it feels pleasurable, but it's discomfoting at the same time—it isn't an experience of *pure* pleasure. Similarly, the various negative physiological aspects of circumcised intercourse cause a couple to experience a mixture of pleasure and displeasure simultaneously, instead of pure, unadulterated pleasure. The partners accept these discomforts as a "normal" part of the sexual experience.

CIRCUMCISION REMOVES MORE THAN JUST A LITTLE SNIP OF SKIN

The amputated* skin removed during circumcision may seem small on an infant, but as the baby grows, so does his penis. The tiny foreskin of the infant penis will eventually "grow up" and become the foreskin of the average 6-inch erect adult penis. That "little snip" of skin amputated at an infant's circumcision results in the loss of at least one-third (and according to recent research, more like one-half) of the adult penile shaft skin system (7). *A piece of skin about the size of a 3"x 5" index card* (8). (See Figure 4-4.)

The average adult foreskin is about **2.5 inches long**—from its base (at the coronal ridge), to its tip, and then back again (for the inner layer). The foreskin also surrounds and encloses the average 1.5-inch diameter of the flaccid glans, which computes to approximately **4.7 inches in circumference**.

* While some readers may consider the term "amputation" an exaggeration, it is neither inappropriate nor inexact. The American Academy of Pediatrics, itself, defines circumcision as "amputation of the foreskin."

Thus, the skin surface of the average adult foreskin is about 12 square inches ($4.7 \times 2.5 = 11.75$). *A piece of skin equivalent to the area enclosed in the Circumcision Skin Removal Chart below.*

Circumcision's Skin Removal			
Erect Adult Penis Surface Skin Area (square inches)			
	Natural Penis		Circumcised Penis
Shaft Skin	21		21
Foreskin	<u>12</u>		<u>0</u>
Total Skin	33		21
Approximate Percentage			
Skin Loss in Circumcision	= 12/33	=	36%

Figure 4-4. Adult penile skin loss due to circumcision.
(Source: Thomas J. Ritter, M.D., *Say No To Circumcision*)

The average erect adult penis is 6 inches long, with a shaft of about 4.5 inches and a circumference of about 4.7 inches. The shaft skin of the erect circumcised penis, then, is about 21 square inches ($4.5 \times 4.7 = 21.15$), compared to approximately 33 square inches (21.15 plus 11.75) for the natural penis (9).

It is the loss of this skin that makes the circumcised penis shaft abnormally hard when erect because too much swollen tissue is packed into too small a packaging of skin.

During intercourse, the circumcised penis does not have the cushiony, giveable ride that the natural penis has. Instead, it can feel overly hard and discomforting to both the man and the woman.

In my childhood, my mother and father often had heated arguments. She was clearly dissatisfied with him for several

reasons and was always saying, “You just wait until these kids grow up, I’ll divorce you so fast it’ll make your head spin.” She eventually did divorce him. However, I was very close to my mother and I know that she really wanted to love my father, but she didn’t really like having sex with him (she talked about it quite openly to me). Now that I know what I know, I believe that with good, natural loving, she could have become putty in his hands. Instead, she took out her sexual frustration and resentment in periodic arguing and bickering. It’s so sad to watch how love goes bad when it could have grown into a beautiful thing.

During one particular argument (it was long after my bedtime and I’m sure they thought I was asleep), my mother shouted, “I wish I’d never married you. I should have married John. I’d be happy now, instead of being miserable with you.” My father growled back, “Oh, sure...John this...John that... You wouldn’t have been happy with him.” To which my mother yelled back, “Yeah, well at least when I had sex with him, it didn’t feel like he was shoving a broomstick in and out of me, like it does with you.”

I was about 9 years old at the time, and those words left quite an impression on my young mind. From time to time, in my adolescent years, I would relive that argument in my thoughts, asking myself, what did those words mean? Is that what sex is like? Why did she yell out those ugly words, in such an ugly tone?

In time, I came to understand what her words meant and why the words of a circumcised-marriage argument are surely the cruelest words of all. They come hurling out of the subconscious with one intention—to cut like a knife—it’s payback time for all the sexual frustration, displeasement, and resentment.

As discussed, I contend that the circumcised penis is the underlying cause of many marital arguments (not necessarily just sexually related arguments) because intercourse is frustrating and unfulfilling to both sexual partners, even though they may not be

aware of it on a conscious level. With time, these dissatisfactions exert their subtle influence on the everyday relationship and may lead to “circumcised arguments,” wherein a couple needle, bicker, or argue about a variety of irrelevant and trifling matters to vent their frustration.

During circumcised intercourse, the abnormal hardness of the penis head and shaft displeases the woman’s vaginal walls and opening. Hard, tough penis pounding away against the soft, delicate vagina, which is frustratingly hungering for something more, something out of reach—something entirely different from what it is experiencing. Something the woman may not be able to identify until she has experienced natural sex as a comparison. Here is what one survey respondent said about discovering the difference:

In general, I love sex, but most of my life I’ve picked ‘the wrong kind’ of man because a lot of my circumcised intercourse experiences were rough, with him banging and pounding with a penis that felt like hard plastic at times.

The one natural man I had was unique. Oh, what a wonderful experience. Often we made love for over an hour, four times longer than my typical circumcised session. Yet all the while, his penis felt so comfortable in me—smooth, pliable, and untroublesome—it seemed to fit me more naturally, like it was better matched to a woman—probably because that’s how it was designed.

As noted, a woman who has experienced only circumcised sex may know that she is in some measure dissatisfied with the experience, but she may not be able to put her finger on exactly what is wrong. She may mistakenly think that the discomforts are just something women normally endure during sex. Or she may blame herself, thinking that she just doesn’t like sex that much. But if she were to experience the comfort and sensually

soft pleasures of natural intercourse, she would soon realize that the two experiences are distinctly different and would be better able to identify how circumcised intercourse causes her to be discomforted. Here is another woman's comment:

With my circumcised partners, just about all the time I had intercourse I experienced discomfort, even pain. I was glad when it was over. Back then, I didn't know it could be any better. But when I finally experienced intercourse with an uncircumcised man, I found out it was more gentle, more enjoyable, and less demanding. I could relax and get into it, once I realized that it wasn't supposed to hurt.

Earlier in this chapter, we learned that the desensitized penis *head* causes the circumcised man to thrust rougher and tougher. He also thrusts rougher because his *shaft skin system* lacks a vast number of nerve-endings, due to its missing foreskin. If his penile shaft skin system had its full complement of erogenous nerves, and the sensitivity that goes with it, it would "tell" the penis to stroke more gently.

The following is a comment from a survey respondent:

A circumcised man's thrusting is harder. I think this is due to the fact that the circumcised penis is less sensitive, so circumcised men push harder to compensate for this lack of sensation.

Unfortunately, because the circumcised penis lacks the keen-sensitivity awareness of the foreskin, the man does not realize the harshness of his strokes. (Any circumcised man who wants to get an idea of the erogenous sensitivity of the foreskin should run his finger *lightly* over his circumcision scar, which is, in effect, where the would-have-been foreskin joins the penile shaft skin.

Many men are probably not aware that they have a circumcision scar that runs circumferentially around the penis shaft, and is usually noticeably darker in color.)

Because the circumcised penis is missing twelve to fifteen square inches of highly erogenous tissue, during intercourse the man's brain receives only a partial message from the penis—an incomplete message—which, I contend (as explained in Chapter 2), can lead to a sense of frustration. If we were to draw an analogy to music, we would say that the “extra” sensory nerves of the foreskin allow a man to listen to a symphony of stimuli, able to hear all the musical notes and experience the full richness of a live orchestra. But for a man whose penis is circumcised, not having his foreskin causes him to miss many notes and sounds and much of the dynamics of the orchestra. His experience is more like listening to an orchestral symphony on a portable transistor radio that keeps fading in and out. Even though he hears the symphony, it is not the true, full experience the composer intended. Similarly, even though a circumcised man can derive pleasure from intercourse and have an orgasm, still, the sexual center of his brain is denied the true pleasure of intercourse.

Yes, “Requiem for the Departed Foreskin” is a very sad tune to hear, but it must now be listened to so that future generations will not have to hear its mournful sound.